

Ages 11-19

- Enroll your into 6-Week Summer Therapy for Teens
- 1st Session is FREE!



<u>Sessions include the opportunity to:</u>

- Debrief, recuperate and process their school year
- Get refreshed and become renewed for next school year
- **Process** their thoughts on relationships at home and in school
 - Gain tools for mental heath success for life
 - Plan future career and academic goals

Sessions are 30-45 minutes long with flexible daytime/weekday scheduling

* ALL SESSIONS ARE VIRTUAL*

CONTACT US TO SCHEDULE A SESSION

Ephphatha Counseling

39111 Mile Road Livonia, MI 58152